



# SIZZLE RESTAURANT WEEK AT BLEU PROVENCE May 30 – June 12, 2019

# \$36 Three-Course Prix Fixe Menu

5pm – Close

\$1 from every Restaurant Week meal benefits the Sizzle SWFL FGCU Food & Beverage Scholarship

**APPETIZERS** 

Your Choice of . . .

Soupe du Jour

#### **Provençal Fish Soup**

Smoothly Blended, served with Gruyère, Rouille and Croutons

#### Mesclun Mixed Green Salad \*

Watermelon, Cherry Tomatoes, Shallots, Fresh Herbs and a Sherry Tarragon Vinaigrette

# **Homemade Smoked Salmon \***

Marinated with Citrus Vinaigrette, Served with Strawberries and Arugula

# Lysielle's Lorraine

Quiche with Bacon and Gruyere Cheese

# **ENTRÉE**

Your Choice of . .

#### Sautéed Wild Pink Argentinian Shrimp \*

(5) Shrimp with Sauteéd Vegetables, Madras Rice and a Spicy Coconut Milk Lemongrass Sauce

# Loup de Mer \*

Grilled skin-on à la Plancha, served with Parmesan Gratinated Fennel and a Lemon Caper Sauce

# **Duck Leg Confit \***

Orange and Grand Marnier Demi-Glace, served with Mango Fries and Sweet Potato Gratin

#### Pork Shank \*

Marinated and slowly cooked with Mustard Sauce, served with Garlic and Thyme Roasted Potatoes

# **DESSERT**

Your Choice of ...

# **Warm Chocolate Cake**

Lava Cake served with a Hazelnut Crème Anglaise (10-Minute Preparation)

Vanilla Bourbon Crème Brûlée \*

#### Melody of Ice Cream and Sorbet (3-scoops of your choice) \*

Ice Cream: Vanilla, Chocolate, Coffee, Lavender Sorbet: Strawberry, Raspberry, Mandarin

(\*) = Gluten-Free



